

# Vestibular Rehabilitation Across the Continuum of Care:

## A Foundational Course



### Course Description

This 16-credit hour continuing education course is for physical therapists who want to develop skills in assessment and treatment of persons with vestibular disorders across all practice settings and phases of vestibular rehabilitation. Participants will gain strong foundational knowledge and skills over 6 total sessions including weekly, synchronous lectures (held virtually) and 1 full-day interactive skills lab (held in-person), concluding with a final synchronous lecture (held virtually) with case-based applications.

**\* Participants must attend all four webinars and choose one in-person lab date.**

**Level:** This course is appropriate for Physical Therapists with a variety of experience in vestibular rehabilitation including **beginners** and those with **some experience looking to review and build upon prior vestibular knowledge.**

**Audience:** This course is appropriate for licensed Physical Therapists and Student Physical Therapists. This course is not appropriate for Physical Therapist Assistants

### Topics and Schedule

Please note that participants must be **available and present for all synchronous webinars (Parts 1-3, 5)** and will **choose from in-person Lab Group A or Lab Group B.**

Topic	Date	Time	Location
<b>Part 1:</b> Anatomy and Physiology & Common Vestibular Pathologies	Thursday June 6, 2024	7:00- 9:00 pm EST	Live Webinar <i>presented via Zoom</i>
<b>Part 2:</b> Patient History & Clinical Examination	Thursday June 13, 2024	7:00- 9:30 pm EST	Live Webinar <i>presented via Zoom</i>
<b>Part 3:</b> Non-BPPV Treatment Techniques & Case Studies	Thursday June 20, 2024	7:00- 9:00 pm EST	Live Webinar <i>presented via Zoom</i>
<b>Part 4:</b> In-person Lab Skills  <ul style="list-style-type: none"> <li>⦿ History and Clinical Exam Techniques with Lab</li> <li>⦿ Treatment Techniques Lab through Case Studies</li> <li>⦿ Evaluation and Treatment of BPPV</li> </ul>	<b>Lab Group A</b>  Saturday June 22, 2024	8:00am- 5:00pm EST	Professional Physical Therapy <i>(Hackensack, NJ)</i>
	<b>Lab Group B</b>  Sunday June 23, 2024		
<b>Part 5:</b> Clinical Evaluation: Pulling it all together	Thursday June 27, 2024	7:00- 9:00 pm EST	Live Webinar <i>presented via Zoom</i>

## Dates and Location

*Participants must attend all four webinars and choose one in-person lab date.*

### **Parts 1-3:**

- © Tuesday June 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup> 2024

**Location:** Live Webinar presented via Zoom

### **Part 4:**

- © **Lab Group A:** Saturday June 22<sup>th</sup> 2024
- © **Lab Group B:** Sunday June 23<sup>th</sup> 2024

**Location:**

Professional Physical Therapy  
250 River Street  
Hackensack, NJ, USA

## Cost and Registration

Course Investment: \$650

Register at:

[www.professionalseminars.com/book-online](http://www.professionalseminars.com/book-online)



## Continuing Education Credit Information

This course has been submitted for 16 live CEUs by the New Jersey State Board of Physical Therapy Examiners (NJSBPTE).

- Please note that continuing professional education credits/units (CEUs) are not applicable for students who do not presently hold a license as a physical therapist or physical therapist assistant.

Additional questions about this course (registration, CEUs, etc) can be submitted to **[info@NJDizziness.com](mailto:info@NJDizziness.com)**

*For the latest news on Vestibular Physical Therapy in NJ*  
Follow on Instagram  
**@DrJenMoves**

## Course Instructor



**Jennifer Stoskus, PT, DPT, NCS** is a Doctor of Physical Therapy and Board-Certified Clinical Specialist in Neurologic Physical Therapy with over a decade of experience working in

outpatient physical therapy practice. She owns a private practice in Hoboken, NJ that focuses on the management of adults with vestibular, concussion, and balance disorders and has concentrated the last half of her career on professional education and clinical affairs in the rehabilitation technology industry. Her areas of industry expertise include assessment and management of postural control, force plate technology, virtual reality, and wearable sensors for motor control and movement analysis. Dr. Stoskus is an active member of the APTA, working on the Academy of Neurologic Physical Therapy's Vestibular EDGE outcome measure task force and Balance and Fall CPG appraisal group; she co-chairs the APTANJ's Vestibular Special Interest Group. She is currently pursuing her PhD in Health Sciences from Seton Hall University in NJ, where she has also taught as an adjunct faculty member in the DPT department.